



Your Total Wellbeing Benefit

Your free, **CONFIDENTIAL** 24/7 Employee Assistance Program benefit includes several services to assist you and your family with your life events.

- Immediate connection to a Mental Health Professional for emotional challenges, including depression, substance abuse, relationships, and work-related issues
- Financial and legal consultations, one half-hour per issue
- Virtual Concierge service to conduct research, or plan tasks and projects, such as planning a vacation or wedding, researching rental options, and more
- Online access to work/life tools and resources via your personal web portal
- Health Advocacy for assistance with co-pays, participating providers, and billing and claims issues
- Wellness resources including unlimited coaching calls with our licensed health coaches and access to unlimited wellness requests

Available to you and your eligible family members!

1.800.327.2255 | Log-on at www.nexgeneap.com | Mobile app: NexGenEAP

Your confidential resource, provided by

