



The Modern Counseling Solution

Take the first step towards leading a healthy, happy life anywhere, anytime, any place.

NexGenEAP is a FREE and CONFIDENTIAL benefit provided by your employer to help you overcome your personal challenges and emotional stressors.

Now, you and your eligible family members can start counseling requests via text message, live chat, or by using the NexGenEAP mobile app.

Counseling services include:



- Immediate Connection to a Mental Health Professional



- Mental health counseling for issues like depression, anxiety, grief, stress, and work related challenges



- Counseling referrals to a provider within our network

- Access to free in-person, telephonic, or video sessions with a counselor based on the challenge you are experiencing

**Get Connected with a Mental Health Professional
in more ways than ever before**



Text or Call
1.800.327.2255



Live Chat Online at
www.nexgeneap.com



Use the NexGenEAP
Mobile App

Your confidential resource, provided by **eni** 